

since 1996



SOUTHERN  
HIGH SCHOOL  
WELLNESS  
CENTER



Southern High School Wellness Center is a Collaboration of  
Duke Division of Community Health and Durham Public Schools

LOCATION	Inside of Southern School of Energy & Sustainability 2nd floor, Room 241
ADDRESS	800 Clayton Road, Durham, NC 27703
CONTACT	Crystal Bethea, MHA   Office Manager (919) 560-2536
SERVICE HOURS	Monday-Friday 8:30 am-12:30 pm



[communityhealth.duke.edu/access-care/school-based-wellness-centers](https://communityhealth.duke.edu/access-care/school-based-wellness-centers)

promoting good health





## ABOUT US

The Southern High School Wellness Center is a school-based health clinic. The purpose of the wellness center is to provide students with the health care services they need at school so they are ready to learn.

Any student within the Durham Public School system is eligible to be seen at the Southern High Wellness Center.

The wellness center is staffed by a physician assistant, nursing assistant, supervising physician and office manager. While most care can be handled in the clinic, staff can also arrange appointments with outside medical specialists as needed.

- Access to programs to improve healthy lifestyle choices
- To provide competent, safe and accessible medical and mental health services to all participating students
- To promote healthy behaviors through education
- To reduce health-related absences

## GOALS

- Easier access to health care
- Early identification and treatment of illnesses
- Decrease in parental time away from work for medical appointments
- Decrease in student health-related absences

## BENEFITS



**In 2016, SHSWC celebrates 20 years of providing health education services to its community.**



Forms available at the wellness center and online at [Southern.dpsnc.net/pages/Southern\\_High](https://Southern.dpsnc.net/pages/Southern_High)

## ENROLLMENT

All parents of students at the Southern School of Energy and Sustainability are encouraged to enroll their student(s) at the wellness center. The required forms must be completed and returned to the wellness center before services can be provided.

## SERVICES

- Physical exams: routine, sports, camp, and job
- Screening exams for vision, hearing, and dental health
- Diagnosis and treatment of acute illnesses and injuries, including gynecological problems
- Health education on topics relevant to adolescents
- Evaluation and treatment of mental and emotional health needs, with onsite supportive counseling with referrals if needed
- Management of chronic illness
- Nutritional counseling
- Health care referrals
- PPD testing
- Flu shots
- DPS staff physicals

Special Note: All DPS faculty and school administrators can be seen at the clinic by appointment

## PAYMENT

The wellness center accepts cash and insurance for services. Payment for PPDs and sports physicals is expected at the time of service. Students without insurance can apply for reduced fees and students are seen regardless of their ability to pay. Contact the wellness center office manager for more information.